

05-Sep-20		WRPF Lithuanian Championship 2020																		
Name	Div	BWt (Kg)	WCIs (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlift 1	Deadlift 2	Deadlift 3	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WCI	Team	Events
Roberta Vaiciukaitė	F-OR	98.3	100	0.8369	30	40	45	30	40	45	80	92.5	-106	182.5	152.73		3.00	1-F-OR	Šefeld Team	PL, BP, PP
Viktorija Morkūnaitė	F-OR	60.9	67.5	1.1021	60	65	70	30	32.5	-36	70	77.5	85	187.5	206.64		3.00	1-F-OR	Integral Training Systems	PL
Raminta Mickūnaitė	F-OR	56.2	60	1.1733	75	80	87.5	42.5	47.5	50	90	95	-102.6	232.5	272.79		3.00	1-F-OR	Integral Training Systems	PL
Monika Ruzgailaitė	F-OR	73.2	75	0.9655	75	87.5	100	40	45	-60	95	110	117.5	262.5	253.44		3.00	1-F-OR	Power Team	PL
Ieva Dzevalauskaitė-Kortanienė	F-OR	89.2	90	0.8673	77.5	82.5	87.5	57.5	62.5	65	100	107.5	115	267.5	232.00		3.00	1-F-OR	Power Team	PL, BP
Lina Kazukonytė	F-OR	76.8	82.5	0.9369	80	92.5	100	50	-57.6	57.5	125	135	145	302.5	283.41		3.00	1-F-OR	Šefeld Team	PL, BP, PP
Lina Bylaitė	F-OR	55.2	56	1.1900	90	95	-100	-52.6	-52.6	52.5	105	110	115	262.5	312.38		3.00	1-F-OR	Integral Training Systems	PL
Neringa Skirgailienė	F-OR	74.3	75	0.9563	95	105	-112.6	50	-57.6	-57.6	92.5	102.5	107.5	262.5	251.03		3.00	1-F-OR	Power Team	PL
Ramunė Šefeldienė	F-OR	84.4	90	0.8896	110	125	-140	75	85	-92.6	140	155	-166	365.0	324.70		3.00	1-F-OR	Šefeld Team	PL, BP, PP
Ana Rodrigues	F-OR	65.7	67.5	1.0408	120	-126	125	-57.6	-60	60	130	137.5	145	330.0	343.46		3.00	1-F-OR	Integral Training Systems	PL
Inga Šidlauskaitė	F-OR	74	75	0.9587	135	-142.6	142.5	55	-60	-60	130	145	-160	342.5	328.35		3.00	1-F-OR	Power Team	PL

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Nojus Jankauskas	M-OR	80.1	82.5	0.6822	75	80	85	45	50	-52.6	100	110	115	250.0	170.55		3.00	1-M-OR	Birštono Sporto Centras	PL
Dominikas Tumas	M-OR	66.8	67.5	0.7775	120	-126	130	-92.6	92.5	-100	120	127.5	135	357.5	277.96		3.00	1-M-OR	Integral Training Systems	PL
Tommas Beniušis	M-OR	82.3	82.5	0.6709	130	-140	-140	70	-80	-80	150	-166	155	355.0	238.17		3.00	1-M-OR	Power Team	PL
Edgaras Daukšys	M-OR	81.4	82.5	0.6754	-130	-140	150	70	-80	-85	150	-170	170	390.0	263.41		3.00	1-M-OR	Power Team	PL
Mark Pačkovskij	M-OR	83.2	90	0.6666	-130	130	140	100	105	110	-170	175	-182.6	425.0	283.31		3.00	1-M-OR	Monster Team	PL, BP, PP
Gediminas Verikas	M-OR	89.7	90	0.6395	135	-147.6	155	110	-116	-116	185	-200	-200	450.0	287.78		3.00	1-M-OR	Power Team	PL
Leonardas Vallionis	M-OR	72	75	0.7337	140	147.5	155	85	90	-95	147.5	155	-160	400.0	293.48		3.00	1-M-OR	Power Team	PL
Armandas Kazlauskas	M-OR	73	75	0.7264	140	150	-160	80	85	90	165	175	182.5	422.5	306.90		3.00	1-M-OR	Integral Training Systems	PL
Andžej Telepcov	M-OR	79.2	82.5	0.6871	140	150	-160	115	125	-130	170	180	200	475.0	326.37		3.00	1-M-OR	Power Team	PL, BP, PP
Arnas Aleksūnas	M-OR	89.9	90	0.6388	190	-200		110	-120	-120	110	150	-170	450.0	287.46		3.00	1-M-OR	Power Team	PL
Linas Sabatis	M-OR	74.1	75	0.7186	195	205	210	130	-136	135	215	232.5	240	585.0	420.38		3.00	1-M-OR	Power Team	PL, BP, PP
Andrius Naglius	M-OR	82	82.5	0.6724	210	220	230	145	155	160	270	-290	290	680.0	457.23		3.00	1-M-OR	Energy Gym	PL, PP
Edgaras Stasiukevičius	M-OR	89	90	0.6421	220	230	240	165	175	-182.6	-100	235	260	675.0	433.42		3.00	1-M-OR	Monster Team	PL, BP, PP
Arnoldas Ramonas	M-OR	90	90	0.6384	-220	235	-245	145	-166	-166	245	-260	-270	625.0	399.00		3.00	1-M-OR	Power Team	PL, PP
Rimantas Sakeris	M-OR	56	60	0.9103				60	65	70							3.00		Victoria	BP
Ricardas Songaila	M-OR	84.4	90	0.6610				-126	130	-132.6							3.00			BP
Rivo Pirnipuu	M-OR	86.6	90	0.6515				175	180	185							3.00			BP
Letians Vjaceslavs	M-OR	89.7	90	0.6395				235	-246	-246							3.00		PowerLab Team Latvija	BP

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Albertas Galanovas	M-OR	98.7	100	0.6118	50			100	115	-126	180	195	205	370.0	226.37		3.00	1-M-OR	Šefeld Team	PL, BP, PP
Tadas Kasparavičius	M-OR	102.6	110	0.6026	130	145	160	100	110	-120	180	200	-220	470.0	283.22		3.00	1-M-OR	Power Team	PL, PP
Arnas Langaitis	M-OR	94.6	100	0.6232	190	205	-220	145	155	-160	220	-230		580.0	361.46		3.00	1-M-OR	Integral Training Systems	PL, BP, PP
Domantas Atstopas	M-OR	108.7	110	0.5907	240	247.5	255	175	-180	-180	240	255	-266	685.0	404.63		3.00	1-M-OR	Power Team	PL
Modestas Kasperavičius	M-OR	106.5	110	0.5946	245	-260	260	165	-170	-170	222.5	235	250	675.0	401.36		3.00	1-M-OR	Power Team	PL, BP, PP
Edvinas Arefjevas	M-OR	97.8	100	0.6142	245	255	-270	110	120		250	272.5	285	660.0	405.37		3.00	1-M-OR	Power Team	PL
Gvido Jankovskis	M-OR	99.7	100	0.6093	260	275	280	135	145	-160	260	272.5	280	705.0	429.56		3.00	1-M-OR	Power Team	PL
Gilbertas Tamulevičius	M-OR	110	110	0.5885	280	300	-346	200	210	-220	270	292.5	-300	802.5	472.27		3.00	1-M-OR	Power Team	PL, BP, PP
Aurimas Grabinskas	M-OR	134.4	140	0.5624	300	320	-340	200	-240	-246	300	-320	-320	820.0	461.17		3.00	1-M-OR	Power Team	PL
Rokas Domanaitis	M-OR																3.00		Integral Training Systems	PL
Ernestas Bartkus	M-OR																3.00		PowerLab Team Latvija	PL, BP, PP
Vadim Nikitins	M-OR	96.9	100	0.6166				190	200	-207.6							3.00		PowerLab Team Latvija	BP
Ardo Lileorg	M-OR	115	125	0.5811				215	-226	-226							3.00			BP
Stanislav Džikevič	M-OR	112.1	125	0.5852				127.5	135	-140	210	-220	-220				3.00			PP
Vytautas Šefeldas	M-OR	125.7	140	0.5692				160	175	-185	200	220	-236				3.00		Šefeld Team	PP, BP
Evaldas Černiauskas	M-OR	90.5	100	0.6366				205	-212.6	212.5	235	250	-260				3.00		Power Team	PP, BP
Alvydas Platakis	M-OR	106.1	110	0.5954				180	187.5	-196	-270						3.00		Alto Gym	PP
Vaidas Zdanavičius	M-OR	107.7	110	0.5924				192.5	200	-202.6	275	-286	-286				3.00			PP
Aurimas Šarauskas	M-OR	106.9	110	0.5939				-190									3.00		Alto Gym	PP, BP
Edgars Ratnieks	M-OR																3.00		Rezekne	PP, BP